## 2-MILE CROSS COUNTRY SUMMER RACE SERIES

Open to All • High School Grade Level Divisions • Open & Youth Divisions

## 2019 Race Days: Thursday, August 8, 15 and 22

Creekside Park, 780 Creekside Drive, Walnut



Trophy and T-Shirt to the fastest M/F runner of the day Medals to Top 3 in each Division



\*\* Course Record: Kevin Ramos 9:42 in 2017, Chloe Arriaga 11:44 in 2017 \*\*

Thank you to Sporthletics for providing our trophies, medals, and t-shirts.



We have the hills you need for practice. Rolling hills with many downhills. Point to point course on grass and trail. No streets.



 $^lpha$  You must run in your division and designated race time to qualify for division awards. 🌛



## REGISTRATION STARTS @ 4:30 PM ON RACE DAY.

\$5.00 REGISTRATION FEE

5:30 PM: Female - Soph, Frosh, & Youth 5:50 PM: Male - Soph, Frosh, & Youth 6:10 PM: Female - Open, Senior & Junior 6:30 PM: Male - Open, Senior & Junior

Results will be available after race and posted on the Club's website at www.roadrunnersofwalnut.org. For team pre-registration, contact Irma Garcia at imgar@hotmail.com. RRCA



Southern California Road Runners of Walnut is a proud member of Road Runners Club of America.

First Name:		Last	Name:			
tigh School:					Female 🗆	Male □
Division (check one):   Youth	☐ Freshman	☐ Sophomore	□ Junior	☐ Senior	□ Open	

Waiver: In consideration of your accepting my entry, I the undersigned, intending to legally bind myself and my heirs, executors, administrators, next of kin and assignees, do hereby waive any and all rights and claims against any person or organization affiliated with this race. I agree to indemnify and hold harmless the SOUTHERN CALIFORNIA ROAD RUNNERS OF WALNUT (SCRR), officials, the race organizers and any and all sponsors from any claims, actions, damages, liability and expenses, including attorney's fees, on account of injury to my person or property or resulting in my death while I am competing, observing or participating in any way in this event, including travel to and from the race. I further attest that I am physically fit and have been sufficiently trained for the race that I am entering and that my physical condition has been verified by a licensed medical doctor. I also hereby grant to SCRR the right to record and photograph on still and/or motion picture film the portrait, picture or likeness of my running activities.

Signature:	Parent's Signature (if runner is under 18):	Date:
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